

ANNEXURE B.5 BEAT1

5.1 GENERAL CONDITIONS OF THE BENEFIT OPTION

- 5.1.1** Members are entitled to benefits during a Financial Year, from either Beat1 or Beat1 Network, and such benefits extend through the Member to his Dependant(s). A Member shall no later than 31 December prior to the year upon which it is intended that the change take place, elect in writing to participate in any one of the available options.
- 5.1.2** In the event where a Member does not elect in writing to participate in Beat1 Network, the Member and his Dependant(s) will be automatically defaulted to Beat1.
- 5.1.3** The Scheme's benefits on accounts properly lodged in terms of rule 15 of the registered Rules shall be granted as shown in each paragraph hereunder, and the Member shall be liable for the difference between the Scheme's benefits and the full amount of the account.
- 5.1.4** No benefits shall be granted on accounts reaching the Scheme after the last day of the 4th (fourth) month following the date on which the service was rendered.
- 5.1.5** Where an account has been paid by the Member in cash, such specified account plus proof of payment must be submitted to the Scheme before the last day of the 4th (fourth) month following the date on which the service was rendered. The Scheme will then refund the Member the applicable benefit amount.
- 5.1.6** Direct payment will be made by the Scheme to a supplier of service who renders accounts in accordance with the Scheme tariff or contracted fee as agreed by the Scheme and the supplier.
- 5.1.7** A Member shall be entitled to pro-rata benefits calculated from the date of enrolment up to the end of the relevant financial year.

- 5.1.8** Benefits shall be based on the Scheme tariff or contracted fee as agreed by the Scheme and the supplier of service, whichever is applicable.
- 5.1.9** The Scheme's financial year shall run from 1 January to 31 December.
- 5.1.10** The benefits of the option shall be divided into the following:
- 5.1.10.1** Scheme benefits;
 - 5.1.10.2** Preventative care; and
 - 5.1.10.3** Wound care and private nursing services once discharged from hospital.
- 5.1.11** A Member shall qualify for the extent and level of prescribed minimum benefits provided for in Regulation 8 in terms of the Medical Schemes Act (No. 131 of 1998) and Annexure D1 of these Rules, without deductibles or the use of co-payments.
- 5.1.12** The Mediscor Reference Price (MRP) will be applied on all medicines where applicable.

5.2 **CONDITIONS FOR SCHEME BENEFIT PAYMENT**

- 5.2.1** Comprehensive benefits are offered for all pre-authorized services and authorised emergency services rendered during hospitalisation, i.e. from the day of admission up to and including the day of discharge.
- 5.2.2** Full cross subsidisation between Members shall apply.
- 5.2.3** Granting of benefits under the Scheme Benefits shall be subject to treatment protocols, preferred providers, designated service providers, network option services and/or medicine formularies accepted by the Scheme.
- 5.2.4** No benefits in respect of MRI scans and computer tomographic studies shall be granted if an authorisation number has not been obtained in advance or, in an emergency, on the 1st (first) working day after admission to a hospital, by the Scheme or its proxy.

- 5.2.5** No benefits in a private hospital or day clinic shall be granted by the Scheme or its proxy, if Pre-Authorisation and an authorisation number has not been obtained in advance;
- 5.2.5.1** In the event of planned major operations and dental procedures, at least 14 (fourteen) days before the event; or
- 5.2.5.2** In an emergency, on the 1st (first) working day after admission to a hospital.

5.2.6 If a Member or his Dependant(s) receive treatment in a private hospital or day clinic without first obtaining Pre-Authorisation and an authorisation number, due to either prior application not made or because a prior application was refused, a R500 surcharge per admission shall be imposed whenever an application is approved with retrospective effect.

5.2.7 If Pre-Authorisation and an authorisation number have been obtained for treatment in a private hospital or day clinic and the treatment cost exceeds the authorised benefits, only the benefits of the authorised treatment cost shall be granted and the Member shall be liable for payment of the excess to the service provider.

5.2.8 Co-payments: A co-payment of R2 400 per hospital admission will be applicable on all endoscopic investigations. No co-payment shall apply where procedures are performed out of hospital (in doctor's rooms).

5.2.9 Hospitals: contracted and non-contracted providers

Claims submitted by a contracted provider for accommodation in a general ward, intensive-care and high-care unit, theatre, and material – 100% of the **contracted fee**. Claims submitted by non-contracted providers – 100% of **Scheme tariff** where services are authorised or approved by the Scheme, in its sole discretion.

5.2.10 Mental health clinics: contracted and non-contracted providers

Claims submitted by a contracted provider for accommodation and treatment of psychological and psychiatric conditions – 100% of the **contracted fee**. Claims submitted by non-contracted providers – 100% of Scheme tariff where services are authorised or approved by the Scheme, in its sole discretion.

Benefits shall be subject to the following:

5.2.10.1 The length of stay shall be limited to 21 (twenty-one) days per beneficiary per financial year.

5.2.11 Registered institutions for the treatment of chemical and substance dependence/abuse

Accommodation and treatment for chemical and substance dependence/abuse – 100% of Scheme tariff. Notwithstanding the maximum/s quantified, prescribed minimum benefit (PMB) conditions are paid in full at a designated service provider (DSP), as stipulated in the Medical Schemes Act. Benefits shall be subject to the following:

5.2.11.1 The length of stay shall be limited to 21 (twenty-one) days per beneficiary per financial year; or

5.2.11.2 Benefits shall be limited to R20 400 per beneficiary per financial year.

5.2.12 Consultations, visits, operations, surgical procedures and anaesthetics for surgical procedures during hospitalisation

Claims submitted by General Practitioners and Specialists for treatment during hospitalisation – 100% of Scheme tariff alternatively the contracted fee, as the case may be.

5.2.12 Confinements

Benefits shall be paid as follows even if the baby dies before registration:

5.2.12.1 Medical practitioners – 100% of Scheme tariff;

5.2.12.2 Nursing home and hospital fees in accordance with the provisions of rule 5.2.9 of Annexure B5 of the registered Rules;

5.2.12.3 Midwife assisted births in an Active Hospital Birth Unit or home confinement by a midwife– 100% of Scheme tariff. Transport fees, hospital facility fees, renting of a birth pool, medical disposables or medication, antenatal consultations, doulas and breastfeeding support shall be excluded from benefits; and

5.2.12.4 Midwife assisted births at a private midwife birth house – 100% of Scheme tariff. Transport fees, renting of a birth pool, antenatal consultations, doulas and breastfeeding supports shall be excluded from benefits.

5.2.13 Surgical dentistry

Any surgical procedure that needs to be performed in a theatre, after pre- authorisation by the Scheme – 100% of Scheme tariff, limited to R9 600 per family per financial year. Notwithstanding the maximum/s quantified, prescribed minimum benefit (PMB) conditions are paid in full at a designated service provider (DSP), as stipulated in the Medical Schemes Act. Payment for Maxillofacial and oral surgery is strictly related to the following conditions:

- 5.2.13.1** Severe trauma (soft tissue injuries, fractures of jaws and facial bones);
- 5.2.13.2** Cleft lip and palate;
- 5.2.13.3** Crouson's disease;
- 5.2.13.4** Malunited craniomaxillary disjunction;
- 5.2.13.5** Post-traumatic defects (root residues in sinus, secondary oro-nasal fistula, faciostenosis);
- 5.2.13.6** Internal TM joint surgery (condylectomy, arthrocentesis, arthroplasty, total joint reconstruction);
- 5.2.13.7** Salivary gland surgery (removal of gland or salivary stone);
- 5.2.13.8** Life threatening sepsis (Ludwig's angina); and
- 5.2.13.9** Confirmed oral cancer.

5.2.14 Pathology and standard diagnostic imaging during hospitalisation

Benefits at 100% of Scheme tariff.

5.2.15 Specialised diagnostic imaging during hospitalisation

MRI scans, CT scans, computer tomographic studies and isotope studies – 100% of Scheme tariff, subject to pre-authorisation.

5.2.16 Supplementary benefits during hospitalisation

Supplementary benefits include services rendered by physiotherapists, masseurs, chiropractors, orthoptists, audiologists/hearing aid acousticians, occupational therapists, podiatrists/chiropracist, dieticians, speech therapists, bio kinetics, private nursing and social workers – 100% of Scheme tariff on condition that the claim is related to the hospital admission of the patient and is in line with the Scheme funding guidelines and protocols.

5.2.17 Blood transfusions

Blood, operators' fees, transport charges and apparatus – 100% of Scheme tariff.

5.2.18 Internal Prosthesis surgically implanted during operations/ hospitalisation

Prosthesis surgically implanted during operations for the replacement of parts of the human body for functional medical reasons – 100% of Scheme tariff after discount with a maximum of R56 900 per family per financial year. Notwithstanding the maximum/s quantified, prescribed minimum benefit (PMB) conditions are paid in full at a designated service provider (DSP), as stipulated in the Medical Schemes Act. Benefits will not be pro-rated but will be subject to the following conditions and maxima:

- 5.2.18.1** Pre-authorisation by the Scheme;
- 5.2.18.2** Preferred providers may be appointed by the Scheme;
- 5.2.18.3** Co-payments may apply if preferred providers are not utilised;
- 5.2.18.4** Vascular prosthesis shall be limited to R21 600;
- 5.2.18.5** Pacemaker dual chamber R29 600*;
- 5.2.18.6** Endovascular prosthesis and delivery mechanisms – no benefit;
- 5.2.18.7** Spinal prosthesis shall be limited to R21 600;
- 5.2.18.8** Artificial disks, spacers and similar devices – no benefit;
- 5.2.18.9** Drug eluting stent – no benefit;
- 5.2.18.10** Mesh shall be limited to R7 600;
- 5.2.18.11** Gynaecological/Urological prosthesis shall be limited to R6 200;
- 5.2.18.12** Lens implant shall be limited to R4 800 per lens; and
- 5.2.18.13** Joint replacement surgery - A joint connects 2 (two) bones in the body and includes skull joints, throat joints, thorax joints, spine and pelvis joints, both upper limbs and both lower limbs - will be excluded from benefits except for

PMB conditions. The following maxima will apply to the prosthesis if pre-authorized by the Scheme or its proxy:

5.2.18.13.1 Hip prosthesis and other major joints shall be limited to R22 800;

5.2.18.13.2 Knee prostheses shall be limited to R28 100; and

5.2.18.13.3 Other minor joints shall be limited to R9 600.

*Subject to clinical motivation, treatment protocols, DSP and Scheme approval.

5.2.19 External prosthesis after operations

Prosthesis used after operations for the replacement of parts of the human body for functional medical reasons – 100% of Scheme tariff after discount with a maximum of R13 800 per family per condition per financial year. Notwithstanding the maximum/s quantified, prescribed minimum benefit (PMB) conditions are paid in full at a designated service provider (DSP), as stipulated in the Medical Schemes Act. Benefits shall be subject to the following:

5.2.19.1 Pre-authorization by the Scheme;

5.2.19.2 2 (two) quotations may be required;

5.2.19.3 Preferred providers may be appointed by the Scheme; and

5.2.19.4 Artificial limbs are limited to 1 (one) limb per 60 (sixty) months.

5.2.20 Orthopaedic and medical appliances during hospitalisation

Back, leg, arm and neck supports, crutches, surgical foot wear and elastic stockings provided before discharge from hospital – 100% of Scheme tariff.

5.2.21 Organ transplants

Benefits for PMB conditions only. 100% of Scheme tariff subject to pre-authorization, application of Scheme protocols and designated service providers (DSPs) appointed by the Scheme to provide diagnosis, treatment and care in respect of the aforesaid medical condition/s.

5.2.22 Peritoneal dialysis and haemodialysis

100% of Scheme tariff subject to pre-authorisation, application of Scheme protocols and designated service providers (DSPs) appointed by the Scheme to provide diagnosis, treatment and care in respect of the aforesaid medical condition/s..

5.2.23 Ambulance and emergency evacuation services

Benefits shall be subject to Pre-Authorisation/approval by the Scheme's Preferred Provider for Ambulance services, ER24.

100% of Scheme tariff for ambulance services on condition that the service has previously or, in an emergency, on the 1st (first) working day after evacuation, been approved as clinically necessary the preferred provider for ambulance services. No benefits shall be payable if the evacuation service was requested and delivered by a service provider other than the preferred provider.

5.2.24 Oncology

Radiation, chemotherapy, pathology, diagnostic imaging and consultations - 100% of Scheme tariff. Benefits shall be subject to the following:

5.2.24.1 Pre-authorisation by the Scheme;

5.2.24.2 Preferred providers may be appointed;

5.2.24.3 Scheme protocol shall apply; and

5.2.24.4 Mediscor Reference Price (MRP) will be applied to medicine claims where available.

5.2.25 Alternatives to hospitalisation

Services rendered by step-down facilities approved by the Scheme, registered private nurses and hospices – 100% of the fees approved by the Scheme. Pre-authorisation shall apply.

5.2.26 Take home medicine after discharge from hospital

Medicine prescribed by the treating doctor upon discharge from hospital (and relating to the admission), to take home, will be paid at 100% of Scheme tariff, subject to MRP and a maximum supply of 7 (seven) days.

5.2.27 Prescribed Minimum Benefits (PMBs)

A Member shall apply on the Scheme's prescribed application form to qualify for a limited set of conditions as specified in Annexure A of the Regulations in terms of the Medical Schemes Act (no 131 of 1998) and Annexure D1 of these registered Rules – 100% of the cost. Benefits shall be subject to the following:

- 5.2.27.1** Pre-Authorisation;
- 5.2.27.2** The Scheme treatment protocols and clinical funding guidelines;
- 5.2.27.3** Designated service providers (DSP);
- 5.2.27.4** Formularies; and
- 5.2.27.5** Mediscor Reference Price (MRP).

5.2.28 Medicine benefits

5.2.28.1 All benefits for medicine shall be subject to the following:

- 5.2.28.1.1** Pre-authorisation: A Member must apply on the Scheme's prescribed application form to qualify for chronic medicine benefits and shall qualify for benefits from the date on which the application was received by the Scheme or its proxy;
- 5.2.28.1.2** The Scheme treatment protocols and clinical funding guidelines;
- 5.2.28.1.3** The Scheme's formulary (medicine list);
- 5.2.28.1.4** Where medicines have generic alternatives registered with the Medicines Control Council (MCC) of South Africa, the Scheme will reimburse those medicines up to the Mediscor Reference Price (MRP) for that active ingredient;
- 5.2.28.1.5** Benefit amount of medicine will be calculated at Single Exit Price (SEP), plus the dispensing fee as determined by the Scheme, plus VAT, where applicable;
- 5.2.28.1.6** Only approved PMB and CDL chronic medicine costs will be paid by the Scheme;
- 5.2.28.1.7** Mediscor Reference Price (MRP) is applied throughout; and
- 5.2.28.1.8** Designated service providers (DSP) may apply.

5.2.28.2 Medicine for Chronic Disease List (CDL) conditions:

The Scheme's medicine benefits for CDL medicines, prescribed by a medical practitioner on the formulary will be reimbursed at 100% of Scheme tariff without a co-payment. If a Member, however, opts to use a non-formulary medicine, the Scheme will reimburse that product at 65% and the Member will have a 35% co-payment.

5.2.29 Preventative care

5.2.29.1 Benefits at 100% of Scheme tariff for:

Preventative Care Benefit	Gender and Age Group	Quantity and Frequency	Benefit Criteria
Influenza vaccine	All ages	1 (one) per beneficiary per financial year	Applicable to all active Members and beneficiaries
Pneumonia Programme	Children < 2 (two) years High risk adult group	Once in 60 (sixty) months	<u>Funding for children < 2 (two) years:</u> Parents to contact The Scheme in advance to pre-arrange funding prior to obtaining the vaccine <u>Funding for adults:</u> The Scheme will identify certain high risk individuals who will be advised to be immunised
Paediatric immunisations	Funding for all paediatric vaccines according to the State recommended programme for babies and children		
Female contraceptives	All females of child bearing age	Quantity and frequency depending on product up to the maximum allowed amount. Mirena device – 1 (one) device in 60 (sixty)	Limited to R1 500 per family per financial year Includes all items classified in category of female contraceptives

		months	
Document Based Care (DBC) Back rehabilitation programme	All ages	Up to 6 (six) weeks treatment plan as per approval	Applicable to beneficiaries who have serious spinal or back problems and may require surgery. The Scheme identifies appropriate participants for evaluation at the DBC Centre. Based on the outcomes of the evaluation, a rehabilitation treatment plan is drawn up and initiated which lasts approximately 6 (six) weeks.
Biometric screening: - Glucose test (finger prick test) - Cholesterol test (finger prick test) - Blood Pressure - Body Mass Index (BMI)	All beneficiaries 10 (ten) years and older	1 (one) per beneficiary per financial year	A screening benefit package at selected Preferred Providers.

5.2.31 Wound care and related private nursing services

Wound care including dressings and Negative Pressure Wound Therapy (NPWT) treatment and related private nursing services – 100% of Scheme tariff with a maximum of R2 500 per family per financial year.

5.2.32 International emergency medical cover

Over and above the provisions for foreign claims, referred to in rule 16.12 of the registered Rules, Members and their Dependant(s) qualify for the following additional benefit:

100% of Scheme tariff for the cost of services for worldwide international emergency medical cover Pre-Authorised/approved by the Scheme's Preferred Provider, ER24.

Benefits shall be subject to the following:

- 5.2.32.1** The cover is limited to R10 million per beneficiary per trip and includes emergency medical expenses and evacuation costs;
- 5.2.32.2** Beneficiaries have access to 90 (ninety) days cover per trip;
- 5.2.32.3** A Member has to notify the preferred provider at least 48 (forty-eight) hours in advance when he and or his Dependant(s) are travelling overseas. Failure to notify the preferred provider will result in claims not entertained; and
- 5.2.32.4** General exclusions to services apply. Elective planned procedures undergone outside of South Africa are not covered.

5.3 **MAXIMUM BENEFITS**

Where a maximum amount of benefits has been imposed per financial year, the benefits shall be calculated at the maximum for the financial year in which the service was rendered. Where maximum benefits apply to a financial year, the maximum benefits for which a Member and his Dependant(s) qualify shall be determined in accordance with the actual membership status at the date on which the service is rendered.

Benefit maxima for Members shall be calculated pro-rata for the financial year in which they join the Scheme as referred to in rule 5.1.7 of this Annexure 5 of the registered Rules.